

The Taunton and Somerset Hospital, the Bridgwater Infirmary, and the Royal West of England Sanatorium, at Weston-super-Mare, have received splendid legacies from the late Mr. James Cook, of the latter town, as they are to divide the residue of his property between them upon trust in each case for "James Cook" bequests. They will receive at least £15,000 each, and in these hard times an immense boon it will be.

The Victoria Nursing Home for Nurses and Nursing, Hull, under the superintendence of the Misses Wilkinson, has removed into commodious premises in Park Street, where, in addition to accommodation for the private nursing staff, there are seven private wards, and two with four beds in each, for the reception of paying patients. There is also a well-equipped operating theatre, and no pains have been spared to equip the Home in accordance with modern scientific requirements.

On Friday evening last Sir David Gill, K.C.B., presented the awards and certificates for the year 1910-11 to students of the South Western Polytechnic Institute at Chelsea. In the course of his speech Sir David deplored the modern tendency to regard academic or other distinctions won at educational institutions as ends in themselves, rather than as means to the far higher end of honest unselfish work for the good of the world. Sir David pointed us to the upward way of continued endeavour and high aim, and told us that in after life it would not only be asked of us what honours had we gained—but rather, had we the working tools, in other words, the knowledge, which would enable us to fill our place in life efficiently—and that we should be called upon to answer the still more searching question: "Have you the character which will make you use your working tools *honestly* for the welfare of all?"

After the prizes had been given and speeches made by the chairman and his supporters, the various departments of the Institute were thrown open to inspection. Visitors had an opportunity of seeing all that is being done in such departments as that of Natural Science with its accompaniments of work in physiology and hygiene, and of hearing that in the coming session this work is to be housed in new and suitable laboratories which are being added to the building. Visits were paid to the Engineering and Chemical Departments. An organ recital in the Central Hall was a feature of the evening, and many specimens of the Domestic Arts were on view in the rooms devoted to cookery, needlework, and other sections of the subject now aptly christened "Housecraft."

THE "GLAXO" BABY BOOK.

The latest edition of the Glaxo Baby Book, published by "Glaxo," 124, Minories, E.C., and dedicated to everyone who loves a baby, is most

daintily got up, and contains, in a very attractive form, a great amount of information valuable to mothers and nurses. Everyone knows that a baby ought to be fed on its mother's milk, which is its birthright for the first nine months of its life, but if for any reason it is inexpedient, or impossible, for it to have its natural food, then Glaxo can put in an excellent claim to consideration as a substitute. And indeed the decision as to a substitute is a momentous one, for, as the book under consideration points out—"Your baby is the most precious thing you have. His good health is the most valuable possession he can have. The foundation of this is laid in the first few months of his life and depends almost entirely on his diet: therefore the selection of a suitable food is not only all-important to his welfare but a heavy responsibility of yours." It contains as an inset a weekly weight chart which is a valuable guide to the condition of a child's health.

HEALTH CONFERENCES.

Health Conferences and Exhibitions seem the order of the day—and it is to be hoped they will not be overdone. First comes the Fifth Annual Nursing and Midwifery Conference and Exhibition, from April 23rd to 26th, at the Royal Horticultural Hall, Westminster—and a second conference and exhibition at the same Hall, from June 24th to 27th. This latter conference will deal with (1) health of infants; (2) the health of boys and girls; (3) the public health; and (4) the care and cure of the sick. Among the exhibits will be cookery demonstrations, a model home and how to clean it, healthy occupations for boys and girls, and the methods whereby a knowledge of simple domestic hygiene may be applied to everyday life. Representatives of health organisations are invited to communicate with the promoter and organiser of the conference, Miss R. V. Gill (and to suggest any subjects for discussion), 23, Harvard Road, Gunnersbury.

INTERNATIONAL SMOKE ABATEMENT EXHIBITION.

An important exhibition opens on Saturday, March 23rd, at the Agricultural Hall, Islington, under the auspices of the Coal Smoke Abatement Society. The Exhibition will comprise all the latest appliances for the use of smokeless fuels, both in the home and in the factory; and is, therefore, of interest both to the housewife and the business man.

Gas appliances for cooking, for hot water supply, for general heating purposes, will be attractively displayed, and cooking demonstrations given. The Gas Light and Coke Company will readily give tickets of admission to any of their consumers who apply at any of their offices. Fogs have been largely diminished in London, in consequence of the rapidly extending use of gas for fuel; and it is hoped the exhibition will do much to stimulate the movement in favour of Smoke Abatement.

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